



Heal me O Lord

P: In my distress I called to the Lord; I cried to my God for help from his temple, he heard my voice; my cry came before him, into his ears. I am in pain and distress; may your salvation, O God, protect me. I will praise God's name in song and glorify him with thanksgiving Psalms 18:6 & 69:29-30
In the name of our Lord and savior we welcome you to the Healing Ministry Sunday worship service. Today we celebrate the healing that our savior Jesus has made possible for each one of us in a world full of loss, sorrow, pain, turmoil and distress.

We pray for comfort for those in need of comforting, we pray for love for those who are lonely, we pray for understanding for those who are old, we pray for healing for those in need of healing. Amen

**Opening Hymn –
God will make a way**

Where there seems to be no way
He works in ways we cannot see
He will make a way for me

He will be my guide
Hold me closely to His side
With love and strength for each new day
He will make a way, He will make a way

By a roadway in the wilderness, He'll lead me
And rivers in the desert will I see
Heaven and Earth will fade but His Word will still remain
And He will do something new today

Oh, God will make a way
Where there seems to be no way
He works in ways we cannot see
He will make a way for me

He will be my guide
Hold me closely to His side
With love and strength for each new day
He will make a way, He will make a way ~Don Moen

Kauma

P. †Glory be to the Father our Creator, to the Son our Redeemer and to the Holy Spirit who sanctifies us.

C. As it was in the beginning, is now and ever shall be, world without end. Amen.
P. Holy, holy, holy, Lord God of power and might, heaven and earth are full of your glory, Hosanna in the highest.
C. Blessed is He that has come and is to come again in the name of the Lord. Hosanna in the highest.

P. Holy art thou, O God.
C. Holy art thou, Almighty Lord.
P. Holy art thou, Immortal Lord.
C. O Lord, the Messiah who was crucified for us † have mercy on us. **(To be repeated thrice)**

P. O Lord, have mercy on us.
C. O Lord, have mercy on us and bless us.

P. O Lord, accept our prayers and worship and have mercy on us.
C. Glory be to you, O God.

P. Glory be to you, O Creator.
C. Glory be to you, O King the Messiah; who has mercy on us sinners. Bless us, O Lord.
(Let us sing together the prayer that Jesus taught us)

**All: Our Father who art in heaven, Hallowed be thy name,
Thy kingdom come, Thy will be done, On earth as it is done in heaven.
Give us this day our daily bread.
And forgive us our debts as we forgive our debtors.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, the power, and the glory, Forever. Amen.**

(Cong. to be seated)

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1st Lesson Psalm 116:1-19
2nd Lesson Romans 8:18-30
Gospel Reading Mathew6:25-34

Meditation

L: Dr. Sosamma Philip - Sihora Ashram

Sister of the late Most Rev. Alexander Mar Thoma, Metropolitan, Dr. Sosamma Philip completed her final school examination in 1933, but couldn't afford a college education. She joined the Under Graduate Teacher's Training Course in Tiruvalla and then became a teacher in Kuriannoor Middle School. In 1940, she married Dr. P.V. Philip (Palathinkkal, Kottayam), who was working with the Mission Hospital in Karappuram, Cherthala. But unfortunately, Dr. Philip died after nine months of their marriage. She also lost her mother three months later.

Dr. Sosamma had an earnest desire to continue the medical work of her departed husband. She joined Always U.C. College in Kerala and passed her intermediate examinations and applied for a seat in Christian Medical College, Vellore. As she did not get admission, she joined the American College in Madurai and finished her B.A. and then joined the Nicholson School, Tiruvalla, as a teacher. But the desire for a medical education was burning in her heart, so she applied again and this time she secured an admission in Christian Medical College, Vellore.

Immediately after getting her Medical degree, she joined the Karapuram, Cherthala Mission, where her husband had worked. After further passing her specialization courses in Chicago, she worked with

the Kumbanad and Kattanam hospitals for many years. In 1967, she joined the Mar Thoma Sihora Ashram Hospital in Madhya Pradesh and remained there till her retirement 30 years later in 1997. As recognition of her work and social service, the Church awarded her the "Manava Seva Award". Her work will be remembered and cherished by all who knew her. Let us remember and uphold the family in prayer for their dedicated service to the Church and humanity at large.

Hymn-

Day by day, and with each passing moment,
Strength I find to meet my trials here;
Trusting in my Father's wise bestowment,
I've no cause for worry or for fear.
He, whose heart is kind beyond all measure,
Gives unto each day what He deems best,
Lovingly its part of pain and pleasure,
Mingling toil with peace and rest.

Every day the Lord Himself is near me,
With a special mercy for each hour;
All my cares He fain would bear and cheer me,
He whose name is Counsellor and Pow'r.
The protection of His child and treasure
Is a charge that on Himself He laid;
"As thy days, thy strength shall be in measure,"
This the pledge to me He made.

Help me then, in every tribulation,
So to trust Thy promises, O Lord,
That I lose not faith's sweet consolation,
Offered me within Thy holy Word.
Help me, Lord, when toil and trouble meeting,
E'er to take, as from a father's hand,
One by one, the days, the moments fleeting,
Till with Christ the Lord I stand.
Lyrics:Lina Sandell; Translated by A. L. Skoog, Music:Oscar Ahnfeldt

L: The Great Physician

One day when I was ill in bed
feeling so sick and with pain in head
I prayed, O God just heal me now,
just touch me please, I feel so low

Then came a thought into my mind
The Great Physician, He is so kind
If He were here on earth below
just like He walked those years ago

He would never turn one soul away
who came to Him for health that day
He'd touch them and they'd be made whole
be it physical ill, or torment of soul

So I just imagined my Lord was there
right by my side to answer prayer
You are the Great Physician I prayed
reach out and touch me as I'm laid

I felt His presence, although in pain
and knew I'd soon be well again
songs of praise just filled my mind
and precious promises from Him so kind

The Great Physician was so near
no need for further fret or fear
I knew that He would take my case
the best Physician that I could face

Renewed by His Spirit with inward peace
although the pain had still not ceased
comforted that He had taken control
my will was His now, body and soul

The Great Physician does what's best
and soon I felt a lot refreshed
His healing touch had taken place
All praise and thanks for your love and grace
Avril J Bell Dec. 2001

Cong to stand

Prayer of Confession

Kyrie Elieson, Kyrie Elieson, Kyrie Elieson
Lord have mercy, Christ have mercy, Lord have mercy

P: Forgiving and most merciful Lord we come to you for healing of mind and body. We open our hearts to you to enter and cure us from our many illnesses.

C: Dear Lord we confess our illnesses of jealousy, conceit, desire and greed. We confess our lack of sharing and caring for others. We confess we haven't taken care of the heaven you have so wonderfully created here for us.

Heal us of our laziness and self-centeredness. Give us the strength in your name, to challenge our bodily aches and pains. Help us overcome the anxiety of sickness of body and mind and the fear of death. Bless us with the understanding that they are just stepping stones to realizing You and Your love for us, dear Father, for all eternity. Amen

Kyrie Elieson, Kyrie Elieson, Kyrie Elieson
Lord have mercy, Christ have mercy, Lord have mercy

Psalm 103

P: ¹ Praise the Lord, my soul;
all my inmost being, praise his holy name.

C: ² Praise the Lord, my soul,
and forget not all his benefits—

who forgives all your sins
and heals all your diseases,
who redeems your life from the pit
and crowns you with love and compassion,
who satisfies your desires with good things
so that your youth is renewed like the eagle's.

P: ⁶ The Lord works righteousness
and justice for all the oppressed.

He made known his ways to Moses,
his deeds to the people of Israel:

C: ⁸ The Lord is compassionate and gracious,
slow to anger, abounding in love.
He will not always accuse,
nor will he harbor his anger forever;
he does not treat us as our sins deserve
or repay us according to our iniquities.

P: ¹¹ For as high as the heavens are above the earth,
so great is his love for those who fear him;
as far as the east is from the west,
so far has he removed our transgressions from us.

C: ¹³ As a father has compassion on his children,
so the Lord has compassion on those who fear him;
for he knows how we are formed,
he remembers that we are dust.

P: ¹⁵ The life of mortals is like grass,
they flourish like a flower of the field;
the wind blows over it and it is gone,
and its place remembers it no more.

C: ¹⁷ But from everlasting to everlasting
the Lord's love is with those who fear him,
and his righteousness with their children's children—
with those who keep his covenant
and remember to obey his precepts.

P: ¹⁹ The Lord has established his throne in heaven,
and his kingdom rules over all.
Praise the Lord, you his angels,
you mighty ones who do his bidding,
who obey his word.

C: ²¹ Praise the Lord, all his heavenly hosts,
you his servants who do his will.
Praise the Lord, all his works
everywhere in his dominion.
Praise the Lord, my soul.

Intercessory Prayers

L: You are our Shepherd dear Lord, and You provide us with everything we need. You will help us overcome our failures, our disappointments, our illnesses and our wants, and we believe in your promise that you will give us total rest.

C: to be sung

The Lord's my Shepherd, I'll not want;
He makes me down to lie
In pastures green; He leadeth me
The quiet waters by.

L: When we are down with sickness, sadness and loneliness you revive us. You will take away our pain and give us the strength to overcome it. We thank you for the reassurance and hope in your loving name that You will guide us in the path that leads to you.

C: My soul He doth restore again,
And me to walk doth make
Within the paths of righteousness,
E'en for His own name's sake.

L: We pray for Your love and comfort for all those who are terminally ill. Loving shepherd, with the crook of your staff You will wipe away our fear of death, giving us the strength to accept, as a final invitation, your loving embrace. We thank you for your promise that you will be with us to the end of times.

C: Yea, though I walk in death's dark vale,
Yet will I fear no ill;
For Thou art with me, and Thy rod
And staff me comfort still.

L: Compassionate Lord, remove our jealousy, our doubts and help us be content. Thank you that provide us with all that we need. Guide us, so that we can be compassionate and caring to people around, especially to those who have nowhere to turn for support. In your goodness, give us the grace to bless those that have an enmity with us and help us share in the joy that you give.

C: My table Thou hast furnished
In presence of my foes;
My head Thou dost with oil anoint,
And my cup overflows.

L: Healing Lord, we pray for the Christian Medical Association of India (CMAI) which is the health arm of the Churches in India, bless all the Hospitals, Care Homes and Clinics of the Church. We pray especially for the new Guidance centre of our Church in Wilson Garden which is a free shelter for poor patients. Bless this to be a centre of comfort and healing. We thank You, for all who work in the healing profession and ministry of our Church, bless their hearts and hands so that they minister with Your love. Keep them from sickness, discontentment and doubt. With thanks and praise we ask this in your most gracious name, the healer through all eternity. Amen

C: Goodness and mercy all my life
Shall surely follow me,

And in God's house forevermore
My dwelling-place shall be.

Lyrics: W. Whittingham; F. Rous

Music: Jessie Seymour Irvine (1836-1887); Harmony by David Grant

Gospel Reading

P: †Peace be with you all.

C: May the Lord make us all worthy to listen to His Word.

P: The Holy Gospel of our Lord Jesus Christ, which proclaims life and salvation to the world as recorded by

C: Blessed is He that has come and will come again. Praise to the Father who sent him for our Salvation. May His blessings be ever upon us.

P: In the days of Jesus Christ, our Lord and Saviour, the Word of life, God incarnate of the blessed Virgin Mary, it happened in this way.

C: So we believe and affirm.

(After reading the Gospel, the priest says, †'Peace be with you all')

C: We thank you, Lord, that you have given us your gospel which is indeed the light of the world, that we may be drawn closer to you through the living words from your gospel which we have now heard.

The Nicene Creed

We believe in the one true God, the Father Almighty, Maker of heaven and earth, and of all things visible and invisible.

We believe in one Lord Jesus Christ, the only-begotten Son of God, begotten of the Father before all world; Light of Light, very God of very God; begotten, not made, being of one substance with the Father, by whom all things were made, who, for us men and for our salvation, came down from heaven, and was incarnate by the Holy Spirit of the Virgin Mary, and was made man. He was crucified also for us in the days of Pontius Pilate; suffered and died and was buried. The third day He rose again, by His Father's holy will, ascended into heaven, and sits at the right hand of the Father. He will come again, with glory, to judge both the living and the dead and of His kingdom there will be no end. We believe in the Holy Spirit, the Lord and Giver of Life; who proceeds from the Father; who with the Father and the Son together is worshipped and glorified; who spoke by the prophets and the apostles. We believe in one Holy Catholic and apostolic Church. We acknowledge one baptism for the remission of sins; and look forward to the resurrection of the dead, and the new life of the world to come. Amen.

(Cong. to be seated)

Birthday, Wedding Anniversary & Thanksgiving

The great Physician now is near,
The sympathizing Jesus;
He speaks the drooping heart to cheer,
Oh, hear the voice of Jesus.

*Sweetest note in seraph song,
Sweetest name on mortal tongue;
Sweetest carol ever sung,
Jesus, blessed Jesus.*

Your many sins are all forgiv'n,
Oh, hear the voice of Jesus;
Go on your way in peace to heav'n,
And wear a crown with Jesus.

All glory to the risen Lamb!
I now believe in Jesus;
I love the blessed Savior's name,
I love the name of Jesus.

His name dispels my guilt and fear,
No other name but Jesus;
Oh, how my soul delights to hear
The precious name of Jesus.

Come, brethren, help me sing His praise,
Oh, praise the name of Jesus!
Come, sisters, all your voices raise,
Oh, bless the name of Jesus!

The children, too, both great and small,
Who love the name of Jesus,
May now accept the gracious call
To work and live for Jesus.

And when to that bright world above,
We rise to see our Jesus,
We'll sing around the throne of love
His name, the name of Jesus

.Lyrics:William Hunter (1811-1877)
Music:John Hart Stockton (1813-1877)

Offertory

Jesus, my Savior, is all things to me;
Oh, what a wonderful Savior is He,
Guiding, protecting, o'er life's rolling sea,
Mighty Deliv'rer—Jesus for me.

Jesus for me,
Jesus for me,
All the time everywhere,
Jesus for me.

Jesus in sickness, and Jesus in health,
Jesus in poverty, comfort or wealth;
Sunshine or tempest, whatever it be,
He is my safety—Jesus for me.

He is my Refuge, my Rock, and my Tower,
He is my Fortress, my Strength and my Pow'r;
Life everlasting, my Daysman is He,
Blessed Redeemer—Jesus for me.

He is my Prophet, my Priest and my King,
He is my Bread of Life, Fountain and Spring;
Bright Sun of Righteousness, Daystar is He,
Horn of Salvation—Jesus for me.

Jesus in sorrow, in joy, or in pain,

Jesus my Treasure in loss or in gain;
Constant Companion where'er I may be,
Living or dying—Jesus for me.
Lyrics: William James Kirkpatrick (1838-1921)
Music: John L. Hatton

MESSAGE

Cong to stand

Closing Prayer

P: Heal me O lord

When the worry and pain is too much to bear,
And sickness and doubt draws its many creases.
When I seek God, but find Him nowhere
And the fear of death ever increases.

C: Then help me realize my illness brings me back to God,
And joy is much more when I realise failure is as mortal
As hurt and sadness? Healing stripes from the Master's rod.
To mend our self from what is unjust and immoral.

When I am full of myself, when I think of me over my neighbour,
When arrogance overwhelms, and all reason is defeat.
When the haze of happiness makes me forget my Creator.
Dear lord, heal me of myself and my conceit.

And when everything within me is broken and worn
And I am way past hope or mending,
Then O Lord give me the strength to again return
And pray for those who still need your healing.
Amen

Benediction

P: Is anyone among you in trouble? Let them pray. Is anyone happy? Let them sing songs of praise. ¹⁴
Is anyone among you sick? Let them call the elders of the church to pray over them and anoint them
with oil in the name of the Lord. ¹⁵ And the prayer offered in faith will make the sick person well; the
Lord will raise them up. If they have sinned, they will be forgiven. ¹⁶ Therefore confess your sins to
each other and pray for each other so that you may be healed. The prayer of a righteous person is
powerful and effective. James 5: 13-16

May the Father, the Son and the Holy Spirit bless you with healing, compassion and contentment on
your days on this earth and prepare You for eternal rest. Amen

Closing Hymn and Kiss of Peace

God will take care of you, be not afraid;
He is your safeguard through sunshine and shade;
Tenderly watching and keeping His own,
He will not leave you to wander alone.

God will take care of you still to the end;

Oh, what a Father, Redeemer, and Friend!
Jesus will answer whenever you call;
He will take care of you, trust Him for all.

God will take care of you long as you live,
Granting you blessings no other can give;
He will take care of you when time is past,
Safe to His kingdom will bring you at last.
Author: Fanny J. Crosby

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On Pain

Your pain is the breaking of the shell that encloses your understanding.
Even as the stone of the fruit must break, that its heart may stand in the sun, so must you know pain.
And could you keep your heart in wonder at the daily miracles of your life, your pain would not seem less wondrous than your joy;
And you would accept the seasons of your heart, even as you have always accepted the seasons that pass over your fields.
And you would watch with serenity through the winters of your grief.

Much of your pain is self-chosen.
It is the bitter potion by which the physician within you heals your sick self.
Therefore trust the physician, and drink his remedy in silence and tranquillity:
For his hand, though heavy and hard, is guided by the tender hand of the Unseen,
And the cup he brings, though it burn your lips, has been fashioned of the clay which the Potter has moistened with His own sacred tears.
Kahlil Gibran

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Introduction to Healing Ministry- Christian Medical Association of India

The healing ministry of Jesus Christ is based on the compassionate care of Christ, His life & work and His invitation to continue the preaching, teaching and healing ministry which began for us during His earthly life. His desire for every individual is to have wholeness of life. Hence healing is multidimensional - spiritual, mental, physical, emotional and social. Our Lord and Saviour Jesus Christ is the source of every healing from the beginning till now.

In India, the healing ministry formally began in 1905 by a group of missionaries called Medical Missionary Association of India (MMA) and in 1926 it was renamed as Christian Medical Association of India. Today CMAI has about 300 Christian mission hospitals which include two prestigious medical colleges in Ludhiana and Vellore. It also brings together more than ten thousand dedicated Christian health professions in the ministry of healing. It has gone from strength to strength by contributing to the different healthcare needs of our country. CMAI members have done pioneering work in several areas like leprosy, tuberculosis, malaria and HIV/AIDS. The goal of CMAI is to serve the churches in India by assisting in its ministry of healing to build a just and healthy society in response to the love and command of our Lord and Saviour Jesus Christ.

Primrose Mar Thoma Church Choir- February 2018